



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 <i>11:00-7:00</i> Guinea Pig Care Handwashing Bird Care 1st Flr Social Tea Ball Toss Friendly Visits	31 Active Game Music with Gordon <i>2:15 Social Tea</i> Helping Hands Sing-a-long	1 Active Game Mobile Library <i>2:30 New Year Bash with Patrizia C</i> Handwashing Senses Alive	2 <i>10:30 Resident & Family Council Meeting (Ost)</i> Active Game Helping Hands <i>Hot Chocolate Social</i> Music & Massage Hymn Sing	3 Active Game Friendly Visits <i>2:00 Chinese Fellowship</i> <i>Take-Off-Decors</i> Hand washing Simple Pleasures	4 <i>8:30 Gourmet Club</i> <i>11:00 Music Therapy</i> Nail Care Afternoon Tea Table Games Handwashing Simple Pleasures	5 Active Game Reminiscing Afternoon Tea Big Puzzles Handwashing Sing-a-long
6 <i>11:00-7:00</i> Guinea Pig Care Handwashing Bird Care 1st Flr Social Tea Ball Toss Friendly Visits	7 Active Game Music with Gordon <i>2:00 Auxiliary Social with Greg H</i> Helping Hands Sing-a-long	8 Active Game Mobile Library Afternoon Tea Ladder Ball Handwashing Senses Alive	9 Active Game Helping Hands <i>2:30 Catholic Mass (Vest)</i> Music & Massage Handwashing Hymn Sing	10 Active Game Friendly Visits <i>2:30 Birthday Social With Mike K</i> Hand washing Simple Pleasures	11 <i>11:00 Music Therapy</i> Nail Care Afternoon Tea Table Games Handwashing Simple Pleasures	12 Active Game Reminiscing <i>2:30 Jewelry Boxes Sor</i> Big Puzzles Handwashing Sing-a-long
13 <i>11:00-7:00</i> Guinea Pig Care Handwashing Bird Care 1st Flr <i>2:30 Russian Dancers Auditorium</i> Friendly Visits	14 Active Game Music with Gordon <i>2:15 Social Tea</i> <i>2:30 Book Club (Vest)</i> Helping Hands Sing-a-long	15 Active Game Mobile Library Afternoon Tea Ladder Ball Handwashing Senses Alive	16 Active Game Helping Hands <i>Hot Chocolate Social</i> Music & Massage Handwashing Hymn Sing	17 Active Game Friendly Visits <i>2:00 Auxiliary Social With Laurie R</i> <i>5:00 Family Night Dinner (Auditorium)</i>	18 <i>11:00 Music Therapy</i> Nail Care Afternoon Tea Table Games Handwashing Simple Pleasures	19 Active Game Reminiscing Afternoon Tea Big Puzzles Handwashing Sing-a-long
20 <i>11:00-7:00</i> Guinea Pig Care Handwashing Bird Care 1st Flr <i>2:00 Lutheran Church Service (Solheim)</i> Friendly Visits	21 Active Game Music with Gordon <i>2:15 Social Tea</i> Helping Hands Sing-a-long	22 Active Game Mobile Library Afternoon Tea Ladder Ball Handwashing Senses Alive	23 Active Game Helping Hands <i>Hot Chocolate Social</i> Music & Massage <i>4:30 Family Feud (Audi)</i>	24 Active Game Friendly Visits <i>2:30 Circus Day and Entertainment</i> Hand washing Simple Pleasures	25 <i>Robbie Burns Day</i> <i>11:00 Music Therapy</i> Nail Care Afternoon Tea Table Games Handwashing Simple Pleasures	26 Active Game Reminiscing <i>2:30 Pub Social with Leo A</i> Handwashing Sing-a-long
27 <i>11:00-7:00</i> Guinea Pig Care Handwashing Bird Care 1st Flr Social Tea Ball Toss Friendly Visits	28 Active Game Music with Gordon <i>2:15 Social Tea</i> <i>2:30 Book Club (Vest)</i> Helping Hands Sing-a-long	29 Active Game Mobile Library Afternoon Tea Ladder Ball Handwashing Senses Alive	30 Active Game Helping Hands <i>Hot Chocolate Social</i> Music & Massage Handwashing Hymn Sing	31 <i>Pajama Day</i> Active Game Friendly Visits Afternoon Tea Walkabout Hand washing <i>4:30 Movie Night (Audi)</i>	 <i>Jack Frost nipping at your nose!</i>	



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Family Day	31 11:15 Volleyball 1:00 Nail Care 2:15 Social Tea 4:00 Friendly Visits 6:00 Reminiscing	1 10:00 Fun N Fitness 11:15 Music Therapy 2:30 New Year Bash with Patrizia C 4:00 Guinea Pig Care	2 9:30 Meet & Greet 10:30 Resident & Family Council Meeting 2:15 Afternoon Social 2:45 Crossword Puzzle 3:45 Helping Hands	3 11:15 Active Games 1:30 Friendly Visits 2:00 Chinese Fellowship 3:30 Take- Off-Decors	4 8:30 Gourmet Club 10:00 Bell Choir 11:00 Crossword 2:15 Hot Chocolate Social 2:45 Take- Off-Decors	5 10:00 Fun N Fitness 11:00 Guinea Pig Visit 2:15 Afternoon Social 2:45 Arts & Crafts 3:45 Helping Hands
6 Family Day	7 11:15 Volleyball 1:00 Nail Care 2:00 Auxiliary Social with Greg H 4:00 Friendly Visits 6:00 Word Games	8 10:00 Fun N Fitness 11:15 Music Therapy 2:15 Afternoon Social 2:45 Bible Reading 3:45 Guinea Pig Care	9 10:00 Fun n Fitness 11:00 Family Feud 2:15 Afternoon Social 2:30 Catholic Mass (Vest) 3:45 Helping Hands	10 11:15 Active Games 1:30 Friendly Visits 2:30 Birthday Social With Mike K 6:00 Word Games	11 10:00 Bell Choir 11:00 Crossword 2:15 Hot Chocolate Social 2:45 Card Bingo 3:45 Arts & Crafts	12 10:00 Fun N Fitness 11:00 Guinea Pig Visit 2:15 Afternoon Social 2:30 Jewelry Boxes 3:45 Helping Hands
13 Family Day 2:30 Russian Dancers Auditorium	14 11:15 Volleyball 1:00 Nail Care 2:15 Social Tea 2:30 Book Club (Vest) 4:00 Friendly Visits 6:00 Reminiscing	15 10:00 Fun N Fitness 11:15 Music Therapy 2:15 Afternoon Social 2:45 Bible Reading 3:45 Guinea Pig Care	16 10:00 Fun n Fitness 11:00 Family Feud 2:15 Afternoon Social 2:45 Crossword Puzzle 3:45 Helping Hands	17 11:15 Active Games 1:30 Friendly Visits 2:00 Auxiliary Social With Laurie R 5:00 Family Night Dinner (Auditorium)	18 10:00 Bell Choir 11:00 Crossword 2:15 Hot Chocolate Social 2:45 Table Games 3:45 Arts & Crafts	19 10:00 Fun N Fitness 11:00 Guinea Pig Visit 2:15 Afternoon Social 2:45 Arts & Crafts 3:45 Helping Hands
20 Family Day 2:00 Lutheran Church Service (Solheim)	21 11:15 Volleyball 1:00 Nail Care 2:15 Social Tea 4:00 Friendly Visits 6:00 Word Games	22 10:00 Fun N Fitness 11:15 Music Therapy 2:15 Afternoon Social 2:45 Current Events 3:45 Guinea Pig Care	23 10:00 Fun n Fitness 11:00 News & Views 2:15 Afternoon Social 2:45 Crossword Puzzle 3:45 Helping Hands 4:30 Family Feud (Audi)	24 11:15 Active Games 1:30 Friendly Visits 2:30 Circus Day and Entertainment 6:00 Word Games	25 Robbie Burns Day 10:00 Bell Choir 11:00 Crossword 12:00 Piping Haggis 2:15 Hot Chocolate Social 2:45 R. Burns Trivia 3:45 Arts & Crafts	26 10:00 Fun N Fitness 11:00 Guinea Pig Visit 2:30 Pub Social with Leo A 4:00 Helping Hands
27 Family Day	28 11:15 Volleyball 1:00 Nail Care 2:15 Social Tea 2:30 Book Club (Vest) 4:00 Friendly Visits 6:00 Reminiscing	29 10:00 Fun N Fitness 11:15 Music Therapy 2:15 Afternoon Social 2:45 News & Views 3:45 Guinea Pig Care	30 10:00 Fun n Fitness 11:00 Family Feud 2:15 Afternoon Social 2:45 Crossword Puzzle 3:45 Helping Hands	31 Pajama Day 11:15 Active Games 1:30 Friendly Visits 2:15 Social Tea 3:30 Mobile Library 4:30 Movie Night (Audi)	<p>Jack Frost nipping at your nose!</p>	



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 <i>Family Day</i>	31 10:00 Fun N Fitness 11:15 Music & Massage 2:15 Afternoon Social 3:00 Friendly Visits 4:00 Card Games	1 <i>10:30 Music Therapy</i> 11:15 Volleyball 1:30 Friendly Visits <i>2:30 New Year Bash with Patrizia C</i> 6:00 Hymn Sing	2 10:00 Bowling <i>10:30 Resident & Family Council Meeting (Ost)</i> 11:15 Music & Massage 2:15 Afternoon Social 3:00 Word Games	3 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Tea Social 4:00 Nail Care	4 <i>8:30-10:00- Breakfast Gourmet (Audi)</i> 11:15 Ladder Ball 1:00 Pet Care 1:45 Spelling Bee 2:30 Social Tea	5 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Hot Chocolate Social 3:30 Hand & Nail Care
6 <i>Family Day</i>	7 10:00 Fun N Fitness 11:15 Music & Massage <i>2:00 Auxiliary Social with Greg H</i> 4:00 Card Games	8 <i>10:30 Music Therapy</i> 11:15 Volleyball 1:30 Friendly Visits 2:15 Afternoon Social 4:00 Helping Hands 6:00 Reminiscing	9 10:00 Bowling 11:15 Music & Massage <i>2:30 Catholic Mass (Vest)</i> 4:00 Word Games	10 10:00 Fun n' Fitness 11:15 Music & Massage <i>2:30 Birthday Social With Mike K</i> 4:00 Nail Care	11 11:15 Ladder Ball 1:00 Pet Care 1:45 Spelling Bee 2:30 Social Tea	12 10:00 Fun n' Fitness 11:15 Music & Massage <i>2:30 Jewelry Boxes</i> 3:30 Hand & Nail Care
13 <i>Family Day</i> <i>2:30 Russian Dancers Auditorium</i>	14 10:00 Fun N Fitness 11:15 Music & Massage 2:15 Afternoon Social <i>2:30 Book Club (Vest)</i> 3:00 Friendly Visits 4:00 Card Games	15 <i>10:30 Music Therapy</i> 11:15 Volleyball 1:30 Friendly Visits 2:15 Afternoon Social 4:00 Helping Hands 6:00 Hymn Sing	16 10:00 Bowling 11:15 Music & Massage 2:15 Afternoon Social 3:00 Word Games	17 10:00 Fun n' Fitness 11:15 Music & Massage <i>2:00 Auxiliary Social With Laurie R</i> <i>5:00 Family Night Dinner (Auditorium)</i>	18 11:15 Ladder Ball 1:00 Pet Care 1:45 Spelling Bee 2:30 Social Tea	19 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Hot Chocolate Social 3:30 Hand & Nail Care
20 <i>Family Day</i> <i>2:00 Lutheran Church Service (Solheim)</i>	21 10:00 Fun N Fitness 11:15 Music & Massage 2:15 Afternoon Social 3:00 Friendly Visits 4:00 Card Games	22 <i>10:30 Music Therapy</i> 11:15 Volleyball 1:30 Friendly Visits 2:15 Afternoon Social 4:00 Helping Hands 6:00 Reminiscing	23 10:00 Bowling 11:15 Music & Massage 2:15 Afternoon Social 3:00 Word Games <i>4:30 Family Feud (Audi)</i>	24 10:00 Fun n' Fitness 11:15 Music & Massage <i>2:30 Circus Day and Entertainment</i>	25 <i>Robbie Burns Day</i> 11:15 Ladder Ball <i>12:00 Piping Haggis</i> 1:00 Pet Care 1:45 Spelling Bee 2:30 Social Tea	26 10:00 Fun n' Fitness 11:15 Music & Massage <i>2:30 Pub Social with Leo A</i> 4:00 Friendly Visits
27 <i>Family Day</i>	28 10:00 Fun N Fitness 11:15 Music & Massage 2:15 Afternoon Social <i>2:30 Book Club (Vest)</i> 3:00 Friendly Visits 4:00 Card Games	29 <i>10:30 Music Therapy</i> 11:15 Volleyball 1:30 Friendly Visits 2:15 Afternoon Social 4:00 Helping Hands 6:00 Hymn Sing	30 10:00 Bowling 11:15 Music & Massage 2:15 Afternoon Social 3:00 Word Games	31 <i>Pajama Day</i> 10:00 Fun n' Fitness 11:15 Music & Massage 2:00 Chinese Fellowship 4:00 Nail Care <i>4:30 Movie Night (Audi)</i>	<i>Jack Frost nipping at your nose!</i>	



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Family Day	31 9:45 Modified Osteofit 11:00 Guinea Pig Visits & Trivia 2:15 Creative Corner 3:30 Friendly Visits	1 10:00 Active Games 11:00 Let's Make A Word 11:50 Hand Hygiene 2:30 New Year Bash with Patrizia C	2 10:30 Resident & Family Council Meeting (Ost) 11:15 Volleyball 1:00 Ipad Games 2:00 Creative Corner 4:15 Friendly Visits 6:00 Cribbage	3 9:45 Take-Off-Decors 11:00 Guinea Pig Visits & Trivia 2:00 Chinese Fellowship Service 4:45 Hand Hygiene	4 8:30 Gourmet Club 10:00 Bell Choir 11:15 Crossword Puzzle 2:15 Take-Off Decors 3:45 Friendly Visits	5 11:15 Ladder Ball 1:00 Hand & Nail Care 1:45 5 Card Bingo 4:15 Friendly Visits 6:00 Scrabble
6 Family Day	7 9:45 Modified Osteofit 11:00 Guinea Pig Visits & Trivia 2:00 Auxiliary Social with Greg H 4:00 Friendly Visits	8 10:00 Active Games 11:00 Let's Make the Word 11:50 Hand Hygiene 2:15 Hot Chocolate Social 3:15 New & Views	9 11:15 Volleyball 11:50 Hand Hygiene 2:30 Catholic Mass (Vest) 4:15 Friendly Visits 6:00 Board Games	10 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:30 Birthday Social With Mike K 4:45 Hand Hygiene	11 10:00 Bell Choir 11:15 Crossword Puzzle 2:15 Bowling 3:45 Friendly Visits	12 11:15 Ladder Ball 1:00 Hand & Nail Care 2:30 Jewelry Boxes 4:15 Friendly Visits 6:00 Scrabble
13 Family Day 2:30 Russian Dancers Auditorium	14 9:45 Modified Osteofit 11:00 Guinea Pig Visits & Trivia 2:15 Creative Corner 2:30 Book Club (Vest) 3:30 Friendly Visits	15 10:00 Active Games 11:00 Let's Make the Word 2:15 Hot Chocolate Social 3:15 Foot Spa & Massage	16 11:15 Volleyball 1:00 Ipad Games 2:00 Creative Corner 4:15 Friendly Visits 6:00 Cribbage	17 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:00 Auxiliary Social With Laurie R 5:00 Family Night Dinner (Auditorium)	18 10:00 Bell Choir 11:15 Crossword Puzzle 2:15 Bowling 3:45 Friendly Visits	19 11:15 Ladder Ball 1:00 Hand & Nail Care 1:45 5 Card Bingo 4:15 Friendly Visits 6:00 Scrabble
20 2:00 Lutheran Church Service (Solheim)	21 9:45 Modified Osteofit 11:00 Guinea Pig Visits & Trivia 2:15 Arts & Crafts 3:30 Friendly Visits	22 10:00 Active Games 11:00 Let's Make the Word 11:50 Hand Hygiene 2:15 Hot Chocolate Social 3:15 Current Events	23 11:15 Volleyball 11:50 Hand Hygiene 1:00 Ipad Games 4:30 Family Feud (Audi)	24 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:30 Circus Day and Entertainment	25 Robbie Burns Day 10:00 Bell Choir 11:15 Crossword Puzzle 12:00 Piping Haggis 2:15 Bowling 3:45 Friendly Visits	26 11:15 Ladder Ball 1:00 Hand & Nail Care 2:30 Pub Social with Leo A 4:15 Friendly Visits 6:00 Scrabble
27 Family Day	28 10:30 Bethesda Ministry 11:00 Guinea Pig Visits & Trivia 2:15 Creative Corner 2:30 Book Club (Vest) 3:30 Friendly Visits	29 10:00 Active Games 11:00 Let's Make the Word 11:50 Hand Hygiene 2:15 Hot Chocolate Social 3:15 Foot Spa & Massage	30 11:15 Volleyball 1:00 Ipad Games 2:00 Creative Corner 4:15 Friendly Visits 6:00 Cribbage	31 Pajama Day 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:15 Afternoon Social 3:00 Word Games 4:30 Movie Night (Audi)	 Jack Frost nipping at your nose!	