



# July 2018

*Nordheim*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p>	<p>2</p> <p>11:15 Active Games 1:30 Garden Walks <b>2:00 Auxiliary Social w/ Peter Sorvest</b> 4:30 Music and Massage 6:15 Friendly Visits</p>	<p>3</p> <p>11:15 Active Game 2:15 Social Tea &amp; Stories 3:15 Ladder Ball 4:30 Music &amp; Massage 6:15 Senses Alive</p>	<p>4</p> <p>11:15 Guinea Pigs Visit 1:45 Helping Hands <b>2:30 Canada Day Arm Chair Travel Auditorium</b> 3:30 Helping Hands 4:45 Music &amp; Massage</p>	<p>5</p> <p>11:15 Active Game <b>2:00 Chinese Fellowship Solheim</b> 3:30 Walking Program 4:30 Friendly Visit 6:15 Senses Alive</p>	<p>6</p> <p>11:00 Music Therapy 1:00 Balloon Toss <b>2:30 Let's Do Gardening Therapeutic Garden</b> 4:00 Helping Hands 6:00 Senses Alive</p>	<p>7</p> <p>11:15 Active Game 1:45 Brain Games 2:45 Bible Reading 3:30 Old Time Show 4:15 Music &amp; Massage 6:00 Friendly Visit</p>
<p>8</p> <p><i>Family Day</i></p>	<p>9</p> <p>11:15 Active Games 1:30 Garden Walks <b>2:15 Beading w/ Jocelyn Therapeutic Garden</b> 4:30 Music and Massage 6:15 Friendly Visits</p>	<p>10</p> <p>11:15 Active Game 2:15 Social Tea &amp; Stories <b>3:30 Family &amp; Council Meeting Ostheim</b> 4:30 Music &amp; Massage 6:15 Senses Alive</p>	<p>11</p> <p><b>10:30 Bethesda Ministry Solheim</b> 11:15 Guinea Pigs Visit <b>2:30 Catholic Mass Sorvest</b> 4:30 Music and Massage 6:15 Senses Alive</p>	<p>12</p> <p>11:15 Active Game <b>2:00 Chinese Fellowship Sor</b> 3:30 Walking Program 4:30 Friendly Visit 6:15 Senses Alive</p>	<p>13</p> <p>11:00 Music Therapy <b>12:00 Lunch Club Therapeutic Garden</b> 3:00 Helping Hands 4:00 Nails and Polish 6:00 Senses Alive</p>	<p>14</p> <p>11:15 Active Game 1:45 Brain Games <b>2:30 Pub Social w/ Leo Sor</b> 4:30 Music &amp; Massage 6:00 Friendly Visit</p>
<p>15</p> <p><i>Lutheran Church</i></p>	<p>16</p> <p>11:15 Active Games 1:30 Garden Walks <b>2:30 Ice Cream Truck Visit</b> 4:30 Music and Massage 6:15 Friendly Visits</p>	<p>17</p> <p>11:15 Active Game <b>2:30 Abstract Painting w/ Virginia</b> 4:30 Music &amp; Massage 6:15 Senses Alive</p>	<p>18</p> <p><b>10:30 Bethesda Ministry Solheim</b> 11:15 Guinea Pigs Visit <b>2:30 Birthday party w/ Patrizia Sorvest</b> 4:30 Music and Massage</p>	<p>19</p> <p>11:15 Active Game <b>2:00 Auxiliary Social w/ Laurie R. Solheim</b> 4:30 Friendly Visit 6:15 Senses Alive</p>	<p>20</p> <p>11:00 Music Therapy 1:00 Balloon Toss <b>2:30 Beat The Heat Sensory awareness- Therapeutic Gar</b> 3:00 Helping Hands 4:00 Garden Walks</p>	<p>21</p> <p>11:15 Active Game 1:45 Brain Games 2:45 Bible Reading 3:30 Old Time Show 4:15 Music &amp; Massage 6:00 Friendly Visit</p>
<p>22</p> <p><i>Family Day</i></p>	<p>23</p> <p>11:15 Active Games <b>2:30 Cooking w/ Maria C.</b> 4:30 Music and Massage 6:15 Friendly Visits</p>	<p>24</p> <p>11:15 Active Game <b>2:15 Tea Social &amp; Stories</b> 3:15 Ladder Ball 4:30 Music &amp; Massage 6:15 Senses Alive</p>	<p>25</p> <p>11:15 Guinea Pigs Visit <b>2:15 Resident Showcase w/ Peter W.</b> 4:30 Music and Massage 6:15 Senses Alive</p>	<p>26</p> <p>11:15 Active Game <b>2:30 Creative Button w/ Jheane Therapeutic Graden</b> 4:30 Friendly Visit 6:15 Senses Alive</p>	<p><b>27 Crazy Hair Day</b> 11:00 Music Therapy 12:00 Courtyard Barbeque <b>2:30 Cake Walk Courtyard</b> 3:00 Helping Hands 6:00 Senses Alive</p>	<p>28</p> <p>11:15 Active Game 1:45 Brain Games <b>2:30 Beat the Heat Happy Hour w/ Mike K. Sorvest</b> 4:30 Music &amp; Massage 6:00 Friendly Visit</p>
<p>29</p> <p><i>Family Day</i></p>	<p>30</p> <p>11:15 Active Games 2:15 Tea Social <b>3:15 Arts &amp; Crafts w/ Rosita Therapeutic Garden</b> 4:30 Music and Massage 6:15 Friendly Visits</p>	<p>31</p> <p>11:15 Active Game <b>2:15 Celebration of Life Sor</b> 3:15 Ladder Ball 4:30 Music &amp; Massage 6:15 Senses Alive</p>				



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><sup>1</sup></p>	<p>2</p> <p>9:35 Pet care (Birds) 11:00 Volleyball <b>2:30 Auxiliary Social w/ Ed W. Sorvest</b> 4:15 Music and Massage</p>	<p>3</p> <p>9:35 Pet Care (Birds) 10:00 Fun n' Fitness 11::00 Guinea Pig Visits 2:15 Bible Reading 3:00 Helping Hands 4:15 Friendly Visit</p>	<p>46</p> <p>9:35 Pet Care (Birds) 10:00 Fun N Fitness 11:00 Puzzles &amp; Games <b>2:30 Canada Day Arm Chair Travel Auditorium</b> 3:00 Helping Hands</p>	<p>5</p> <p>11:00 Guinea Pig Visits <b>2:00 Chinese Fellowship Sol</b> 4:15 Table Games 6:00 Word Games</p>	<p>6</p> <p>9:35 Pet Care (Birds) 10:00 Bell Choir Vestheim 11:15 Current Events <b>2:30 Let's Do Gardening Therapeutic garden</b> 3:00 5 Card Bingo</p>	<p>7</p> <p>9:35 Pet Care (Birds) 10:00 Fun N Fitness 11:15 Guinea Pig Visits 2:15 Arts &amp; Crafts 3:15 Word Games 4:15 Friendly Visits</p>
<p>8 Family Day</p>	<p>9</p> <p>9:35 Pet Care (Birds) 11:15 Volleyball <b>2:30 Beading with Jocelyn</b> 3:30 Story reading 4:15 Music and Massage</p>	<p>10</p> <p>9:35 Pet Care (Birds) 10:00 Fun n' Fitness 11::00 Guinea Pig Visits 2:15 Bible Reading <b>3:30 Family &amp; Council Meeting Ostheim</b> 4:15 Friendly Visit</p>	<p>11</p> <p>9:35 Pet Care (Birds) 10:00 Fun N Fitness 11:00 Puzzles &amp; Games <b>2:30 Ice Cream Social</b> 3:00 Helping Hands 4:14 Friendly Visits</p>	<p>12 <b>Massage Therapy</b></p> <p>11:00 Guinea Pig Visits <b>2:00 Chinese Fellowship So</b> 4:15 Table Games 6:00 Word Games</p>	<p>13</p> <p>9:35 Pet Care (Birds) 10:00 Bell Choir Vestheim <b>11:30 Residents Lunch Club Therapeutic Garden</b> 2:15 Ice Cream Social 3:00 5 Card Bingo</p>	<p>14</p> <p>9:35 Pet Care (Birds) 10:00 Fun N Fitness 11:15 Guinea Pig Visits <b>2:30 Pub Social w/ Leo A</b> 4:15 Friendly Visits</p>
<p>15 Lutheran Church</p>	<p>16</p> <p>9:35 Pet Care (Birds) 11:15 Volleyball <b>2:30 Ice Cream Truck Visit</b> 3:30 Story reading 4:15 Music and Massage</p>	<p>17</p> <p>9:35 Pet Care (Birds) 10:00 Fun n' Fitness 11::00 Guinea Pig Visits <b>2:30 Painting w/ Virginia Therapeutic Garden</b> 3:00 Helping Hands</p>	<p>18</p> <p>9:35 Pet Care (Birds) 10:00 Fun N Fitness 11:00 Puzzles &amp; Games <b>2:15 Birthday Party w/ Patrizia</b> 3:00 Helping Hands</p>	<p>19</p> <p>11:00 Guinea Pig Visits <b>2:00 Auxiliary Social w/ Laurie R Solheim</b> 4:15 Table Games 6:15 Word games</p>	<p>20</p> <p>9:35 Pet Care (Birds) 10:00 Bell Choir Vestheim 2:15 Ice Cream Social <b>2:30 Beat the Heat Sensory Awareness Therapeutic Gar</b> 4:15 Friendly Visits</p>	<p>2</p> <p>19:35 Pet Care (Birds) 10:00 Fun N Fitness 11:15 Guinea Pig Visits 2:15 Arts &amp; Crafts 3:15 Word Games 4:15 Friendly Visits</p>
<p>22 Family Day</p>	<p>23</p> <p>9:35 Pet care (Birds) <b>10:30 Bethesda Ministry Sorvest</b> 2:15 Afternoon Social 3:30 Story Telling 4:15 Music and Massage</p>	<p>24</p> <p>9:35 Pet Care (Birds) 10:00 Fun n' Fitness 11::00 Guinea Pig Visits <b>2:30 Cooking w/ Maria C.</b> 3:00 Helping Hands 4:15 Friendly Visits</p>	<p>25</p> <p>9:35 Pet Care (Birds) 10:00 Fun n' Fitness 11::00 Guinea Pig Visits <b>2:15 Resident Showcase w/ Peter W. Sorvest</b> 3:00 Helping Hands</p>	<p>26 <b>Massage Therapy</b></p> <p>11:00 Guinea Pig Visits <b>2:30 Creative Button Craft w/ Jheanne</b> 4:15 Table Games 6:00 Word Games</p>	<p>27 <b>Crazy Hair Day</b></p> <p>9:35 Pet Care (Birds) 10:30 <b>Wild Hair Parade</b> 11::00 Guinea Pig Visits 12:00 <b>Courtyard Barbeque</b> <b>2:30 Cake Walk Courtyasd</b> 4:15 Friendly Visits</p>	<p>28</p> <p>9:35 Pet Care (Birds) 10:00 Fun N Fitness 11:15 Guinea Pig Visits <b>2:30 Beat the Heat Happy Hour w/ Mike K.</b> 4:15 Friendly Visits</p>
<p>29 Family Day</p>	<p>30</p> <p>9:35 Pet Care (Birds) 11:15 Volleyball <b>2:30 Arts and Crafts w/ Ros Therapeutic Garden</b> 3:30 Story reading 4:15 Music and Massage</p>	<p>31 9:35 Pet Care (Birds) 10:00 Fun n' Fitness 11::00 Guinea Pig Visits <b>2:15 Celebration of Life</b> 3:00 Helping Hands 4:15 Friendly Visits</p>				



# July 2018

Solheim

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b></p>	<p><b>2</b></p> <p>10:00 Fun N Fitness            11:15 Music &amp; Massage  <b>2:00 Auxiliary Social Sorvest</b>            3:30 Helping Hands            4:00 Card Games</p>	<p><b>3</b></p> <p>11:15 Volleyball            2:15 Afternoon Social            3:00 Creative Writing            4:00 Helping Hands            6:00 Hymn Sing</p>	<p><b>4</b></p> <p>10:00 Bowling            11:15 Music &amp; Massage  <b>2:30 Canada Day Arm Chair Travel—Auditorium</b>            3:30 Helping Hands</p>	<p><b>5</b></p> <p>10:00 Fun n' Fitness            11:15 Music &amp; Massage/            Dog Visits w/ Linda  <b>2:00 Chinese Fellowship</b>            3:00 Jigsaw Puzzle            4:30 Friendly Visit</p>	<p><b>6</b></p> <p>11:15 Active Game  <b>2:30 Let's Do Gardening Therapeutic Garden</b>            4:30 Guinea Pigs Visit            6:00 Sing Along</p>	<p><b>7</b></p> <p>10:00 Fun n' Fitness            11:15 Music &amp; Massage  <b>2:15 Ice Cream Social</b>            3:00 Jigsaw Puzzle            4:30 Friendly Visit</p>
<p><b>8</b> Family Day</p>	<p><b>9</b></p> <p>10:00 Fun N Fitness            11:15 Music &amp; Massage  <b>2:30 Beading w/ Jocelyn Therapeutic Garden</b>            4:00 Card Games</p>	<p><b>10</b></p> <p>11:15 Volleyball            2:15 Afternoon Social  <b>3:30 Family &amp; Resident Council Meeting Ostheim</b>            4:00 Helping Hands</p>	<p><b>11</b></p> <p><b>10:30 Bethesda Ministry</b>  <b>2:30 Catholic Mass Sorvest</b>            3:30 Helping Hands            4:30 Friendly Visits</p>	<p><b>12</b></p> <p>10:00 Fun n' Fitness            11:15 Music &amp; Massage/            Dog Visit w/ Linda  <b>2:00 Chinese Fellowship Sor</b>            3:00 Jigsaw Puzzle            4:30 Friendly Visit</p>	<p><b>13</b></p> <p>11:15 Active Game  <b>12:00 Lunch Club Therapeutic Garden</b>            2:15 Social Tea            3:00 Guinea Pigs Visit            4:30 Helping Hands</p>	<p><b>14</b></p> <p>10:00 Fun n' Fitness            11:15 Music &amp; Massage  <b>2:30 Pub Social w/ Leo A. Sorvest</b>            3:00 Jigsaw Puzzle            4:30 Friendly Visit</p>
<p><b>15</b> Lutheran Church</p>	<p><b>9</b></p> <p>10:00 Fun N Fitness            11:15 Music &amp; Massage            2:15 Afternoon Social  <b>2:30 Ice Cream Truck Visit</b>            4:00 Card Games</p>	<p><b>17</b></p> <p>11:15 Volleyball            2:15 Afternoon Social  <b>2:30 Painting w/ Virginia Sor</b>            4:00 Helping Hands            6:00 Hymn Sing</p>	<p><b>18</b></p> <p>10:00 Bowling            11:15 Music &amp; Massage  <b>2:30 Birthday Party w/ Patrizia Sorvest</b>            3:30 Helping Hands            6:00 Cribbage SorVest</p>	<p><b>19</b></p> <p>10:00 Fun n' Fitness            11:15 Music &amp; Massage/            Dog Visits w/ Linda  <b>2:00 Auxiliary Social w/ Laurie R.</b>            3:00 Jigsaw Puzzle            4:30 Friendly Visit</p>	<p><b>20</b></p> <p>11:15 Active Game            1:30 Guinea Pigs Visit  <b>2:30 Beat the Heat Sensory Awareness—Therapeutic Gar</b>            3:00 Jigsaw Puzzle            4:30 Helping Hands</p>	<p><b>21</b></p> <p>10:00 Fun n' Fitness            11:15 Music &amp; Massage  <b>2:15 Ice Cream Social</b>            3:00 Jigsaw Puzzle            4:30 Friendly Visit</p>
<p><b>22</b> Family Day</p>	<p><b>23</b></p> <p>10:00 Fun N Fitness            11:15 Music &amp; Massage  <b>2:30 Cooking w/ Maria C.</b>            3:00 Creative Writing            4:00 Card Games</p>	<p><b>24</b></p> <p>11:15 Volleyball            2:15 Afternoon Social            And Stories            4:00 Helping Hands            6:00 Hymn Sing</p>	<p><b>25</b></p> <p>10:00 Bowling            11:15 Music &amp; Massage  <b>2:15 Resident Showcase w/ Peter W. Sorvest</b>            3:30 Helping Hands            4:00 Friendly Visits</p>	<p><b>26</b></p> <p>10:00 Fun n' Fitness            11:15 Music &amp; Massage/            Dog Visits w/ Linda  <b>2:30 Crative Button Craft / Jean Therapeutic Garden</b>            3:00 Jigsaw Puzzle</p>	<p><b>27</b> Crazy Hair Day</p> <p>10:30 Crazy Hair Parade            12:00 Courtyard Barbeque            1:30 Guinea Pigs Visit  <b>2:30 Cake Walk Courtyard</b>            4:30 Helping Hands</p>	<p><b>28</b></p> <p>10:00 Fun n' Fitness            11:15 Music &amp; Massage  <b>2:30 Beat the Heat Pub Social w/ Mike K. Sorvest</b>            3:00 Jigsaw Puzzle            4:30 Friendly Visit</p>
<p><b>29</b> Family Day</p>	<p><b>30</b></p> <p>10:00 Fun N Fitness            11:15 Music &amp; Massage            2:15 Afternoon Social  <b>2:30 Creative Corner w/ Rosita Therapeutic Garden</b>            4:00 Card Games</p>	<p><b>31</b></p> <p>11:15 Volleyball  <b>2:15 Celebration of Life</b>            3:00 Creative Writing            4:00 Helping Hands            6:00 Hymn Sing</p>				



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>1</b></p>	<p>2</p> <p>9:45 Fun N Fitness</p> <p>11:00 Guinea Pig Visits</p> <p><b>2:00 Auxiliary Social w/ John P. Sorvest</b></p> <p>4:15 Friendly Visits</p>	<p>3</p> <p>9:45 Active Games</p> <p>11:00 Puzzles &amp; Games</p> <p>2:15 Tea Social</p> <p>3:00 Word Games</p> <p>4:00 Music &amp; Massage</p>	<p>4</p> <p>11:15 Volleyball</p> <p>11:50 Hand Hygiene</p> <p><b>2:30 Canada Day Arm Chair Travel - Auditorium</b></p> <p>4:15 Friendly Visits</p> <p>6:00 Cribbage</p>	<p>5</p> <p>9:45 Fun N Fitness</p> <p>11:00 Guinea Pig Visits</p> <p>2:30 Bowling</p> <p>3:30 Helping Hands</p> <p>6:00 Word Game Ostheim</p>	<p>6</p> <p>9:45 Fun N Fitness</p> <p>11:00 Crossword Puzzles</p> <p><b>2:30 Let's do Gardeningg Therapeutic Garden</b></p> <p>4:15 Friendly Visits</p> <p>6:00 Word Game Ostheim</p>	<p>7</p> <p>11:15 Ladder Ball</p> <p>1:00 Hand &amp; Nail Care</p> <p>1:45 5 Card Bingo</p> <p>4:15 Trivia</p> <p>6:00 Scrabble</p>	
<p>8</p> <p><i>Family Day</i></p>	<p>9</p> <p>9:45 Fun N Fitness</p> <p>11:00 Guinea Pig Visits</p> <p><b>2:30 Beading w/ Jocelyn Therapeutic Garden</b></p> <p>4:15 Friendly Visits</p>	<p>10</p> <p>9:45 Active Games</p> <p>11:00 Puzzles &amp; Games</p> <p><b>3:30 Resident &amp; Family Council Meeting—Ostheim</b></p> <p>4:15 Music &amp; Massage</p>	<p>11</p> <p>11:15 Volleyball</p> <p>11:50 Hand Hygiene</p> <p><b>2:30 Catholic Mass</b></p> <p>4:15 Friendly Visits</p> <p>6:00 Cribbage</p>	<p>12</p> <p>9:45 Fun N Fitness</p> <p>11:00 Guinea Pig Visits</p> <p><b>2:30 Ice Cream Social</b></p> <p>3:30 Helping Hands</p> <p>6:00 Word Game Ostheim</p>	<p>13</p> <p>10:00 Bell Choir</p> <p><b>11:30 Residents' Lunch Club Therapeutic Garden</b></p> <p>2:15 Bowling</p> <p>3:30 Friendly Visits</p>	<p>14</p> <p>11:15 Ladder Ball</p> <p><b>2:30 Pub Social w/ Leo A</b></p> <p>4:15 Trivia</p> <p>6:00 Scrabble</p>	
<p>15</p> <p><i>Lutheran Church</i></p>	<p>16</p> <p>9:45 Fun N Fitness</p> <p>11:00 Guinea Pig Visits</p> <p><b>2:30 Ice Cream Truck Visit</b></p> <p>4:15 Friendly Visits</p>	<p>17</p> <p>9:45 Active Games</p> <p>11:00 Puzzles &amp; Games</p> <p><b>2:30 Abstract Painting w/ Virginia</b></p> <p>3:00 Word Games</p> <p>4:00 Music &amp; Massage</p>	<p>18</p> <p>11:15 Volleyball</p> <p>11:50 Hand Hygiene</p> <p><b>2:30 Birthday Party w/ Patrizia</b></p> <p>4:15 Friendly Visits</p> <p>6:00 Cribbage</p>	<p>19</p> <p>9:45 Fun N Fitness</p> <p>11:00 Guinea Pig Visits</p> <p><b>2:00 Auxiliary Social w/ Laurie R. Solheim</b></p> <p><b>5:00 Summer Nights w/ Sangre Moreno</b></p>	<p>20</p> <p>10:00 Bell Choir</p> <p>11:00 Crossword Puzzles</p> <p><b>2:30 Beat the Heat Sensory Awareness—Courtyard</b></p> <p>4:15 Friendly Visits</p> <p>6:00 Word Game Ostheim</p>	<p>21</p> <p>11:15 Ladder Ball</p> <p>1:00 Hand &amp; Nail Care</p> <p>1:45 5 Card Bingo</p> <p>4:15 Trivia</p> <p>6:00 Scrabble</p>	
<p>22</p> <p><i>Family Day</i></p>	<p>23</p> <p><b>10:30 Bethesda Ministry</b></p> <p>11:00 Guinea Pig Visits</p> <p><b>2:30 Cooking w/ Maria C. Sorvest</b></p> <p>4:15 Friendly Visits</p>	<p>24</p> <p>9:45 Active Games</p> <p>11:00 Puzzles &amp; Games</p> <p>2:15 Tea Social</p> <p>3:00 Word Games</p> <p>4:00 Music &amp; Massage</p>	<p>25</p> <p>11:15 Volleyball</p> <p>11:50 Hand Hygiene</p> <p><b>2:15 Resident Showcase w/ Peter W.</b></p> <p>4:15 Friendly Visits</p> <p>6:00 Cribbage</p>	<p>26</p> <p>9:45 Fun N Fitness</p> <p>11:00 Guinea Pig Visits</p> <p><b>2:30 Creative Button Craft w/ Jheanne</b></p> <p>3:30 Helping Hands</p> <p>6:00 Word Game Ostheim</p>	<p>27</p> <p><b>Crazy Hair Day</b></p> <p>10:00 Bell Choir</p> <p><b>11:00 Wild Hair Parade</b></p> <p><b>12:00 Courtyard Barbeque</b></p> <p><b>2:30 Cake Walk</b></p> <p>4:15 Friendly Visits</p>	<p>28</p> <p>11:15 Ladder Ball</p> <p><b>2:30 Beat the Heat Happy Hour w/ Mike K</b></p> <p>4:15 Trivia</p> <p>6:00 Scrabble</p>	
<p>29</p> <p><i>Family Day</i></p>	<p>30</p> <p>9:45 Fun N Fitness</p> <p>11:00 Guinea Pig Visits</p> <p><b>2:30 Arts &amp; Crafts w/ Rosita Therapeutic Garden</b></p> <p>4:15 Friendly Visits</p>	<p>31</p> <p>9:45 Active Games</p> <p>11:00 Puzzles &amp; Games</p> <p><b>2:15 Celebration of Life</b></p> <p>3:00 Word Games</p> <p>4:00 Music &amp; Massage</p>					