



NORMANNA News

Issue Date: July 1, 2019

OUR MISSION:

Normanna provides quality residential healthcare services that reflect the values of trust, respect, caring and diversity.

OUR VISION:

To be a leader in providing comprehensive care through innovation and outreach for clients in need of care. To enhance our services in response to the changing needs of our community.

July

Highlight of the Month

- July 1 – Auxiliary Social
- July 6 – Garden Concert w/ Colleen
- July 11 – Day Care for A Day Kids Party
- July 15 – Afternoon Make Over
- July 17 – Birthday Party
- July 19 – Beach Day
- July 23 – Jewelry Sorting
- July 24 – Elvis Impersonator
- July 26 – Resident Showcase
- July 30 – Tuck Shop
- July 31 – Celebration of Life

(Note: May vary)



*Ping Pong Tournament Winners
Justine, Noel & Gladys*

Birthday of the Month

- July 2 – Sharon G
- July 3 – Patricia M
- July 8 – Josef S
- July 10 – Mary D
- July 14 – Alice F
- July 17 – Andy D
- July 18 – Jasmine M
- July 25 – Olga P
- July 28 – Katarina F
- July 30 – Marija S



Outdoor Activities



SAFETY

Are you staying HYDRATED?



Benefits of water:

- Keeps body temperature normal
- Lubricates and cushions joints
- Protects spinal cord
- Gets rid of bodily wastes

Your body needs more water when:

- In hot climates
- Physically active
- Running a fever
- Suffering from Double Dragon

Events

Summer Stone Painting For Canada Day



Second Street Community School and Normanna Seniors gathered on June 18th for a "Stone Painting" to celebrate the birthday of Canada. There were approximately 200 children who came and enjoyed their time with our residents.

Family

CORNER

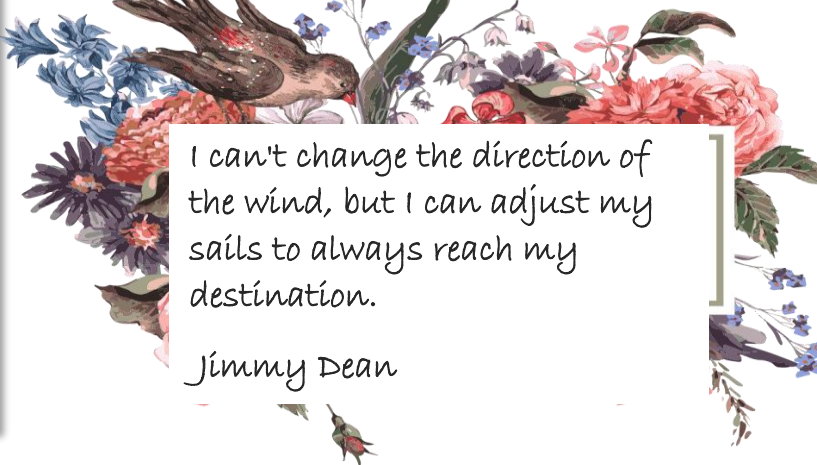


*Resident and Family Council Meeting
Wednesday, July 10, 2019
10:30 AM, Auditorium*

Family Night Barbeque



QUOTE OF THE MONTH



I can't change the direction of the wind, but I can adjust my sails to always reach my destination.

Jimmy Dean