






November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					<p>1 11:15 Active Game 2:00 Chinese Fellowship Sol 3:30 Walkabout 4:45 Hand washing 6:00 Jackpot Bingo SorVest</p>	<p>2 11:00 Music Therapy 1:30 Nail Care 2:15 Afternoon Tea 3:00 Table Games 4:45 Handwashing 6:00 Simple Pleasures</p>	<p>3 11:15 Active Game 1:30 Reminiscing 2:15 Afternoon Tea 3:00 Big Puzzles 4:45 Handwashing 6:00 Sing-a-long</p>
<p>4 11:15 Guinea Pig Care 11:45 Handwashing 1:30 Bird Care 1st Flr 2:30 Afternoon Concert with Violinist Peter Fischer 4:45 Handwashing 6:00 Nail Care</p>	<p>5 11:15 Active Game 1:30 Music with Gordon 2:00 Auxiliary Social with Peter W 6:00 Sing-a-long</p>	<p>6 11:15 Active Game 1:30 Book Club 2:15 Afternoon Tea 3:00 Ladder Ball 4:45 Handwashing 6:00 Senses Alive</p>	<p>7 11:15 Active Game 1:30 Helping Hands 2:15 Hot Chocolate Social 3:00 Music & Massage 4:45 Handwashing 6:00 Hymn Sing</p>	<p>8 11:15 Active Game 1:30 Friendly Visits 2:30 Birthday Party with Entertainer 4:30 Family Feud Challenge</p>	<p>9 11:00 Music Therapy 2:30 Resident Door Decorating 4:45 Handwashing 6:00 Simple Pleasures</p>	<p>10 11:15 Active Game 1:30 Reminiscing 2:15 Pub Social with Rob 4:45 Handwashing 6:00 Sing-a-long</p>	
<p>11 10:30 Remembrance Day Ceremony 11:30 Buffet Lunch (Audito) 1:30 Bird Care 1st Flr 2:15 Social Tea 3:00 Ball Toss 6:00 Nail Care</p>	<p>12 11:15 Active Game 1:30 Music with Gordon 2:15 Afternoon Tea 3:00 Big Puzzles 4:15 Helping Hands 6:00 Sing-a-long</p>	<p>13 11:15 Active Game 1:30 Book Club 2:15 Afternoon Tea 3:00 Ladder Ball 3:30 Resident & Family Council Meeting 6:00 Senses Alive</p>	<p>14 11:15 Active Game 2:30 Catholic Mass 3:30 Music & Massage 4:00 Family Orientation (Audi) 6:00 Hymn Sing</p>	<p>15 11:15 Active Game 1:30 Friendly Visits 2:15 Afternoon Tea 3:00 Walkabout 4:45 Hand washing 4:30 Pizza & Movie Night</p>	<p>16 11:00 Music Therapy 1:30 Nail Care 2:15 Afternoon Tea 3:00 Table Games 4:45 Handwashing 6:00 Simple Pleasures</p>	<p>17 11:15 Active Game 1:30 Reminiscing 2:15 Painting Party 4:45 Handwashing 6:00 Sing-a-long</p>	
<p>18 11:15 Guinea Pig Care 11:45 Handwashing 1:30 Bird Care 1st Flr 2:00 PM Lutheran Church Service 4:45 Handwashing 6:00 Nail Care</p>	<p>19 11:15 Active Game 1:30 Music with Gordon 2:15 Hot Chocolate Social & Decoration Committee 4:15 Helping Hands</p>	<p>20 11:15 Active Game 1:30 Book Club 2:15 Afternoon Tea 2:15 Hot Chocolate Social & Decoration Committee 4:45 Handwashing 6:00 Senses Alive</p>	<p>21 11:15 Active Game 1:30 Helping Hands 2:30 Celebration of Life 4:45 Handwashing 6:00 Hymn Sing</p>	<p>22 11:15 Active Game 2:00 Auxiliary Social with Rob J 4:45 Hand washing 6:00 Simple Pleasures</p>	<p>23 Norwegian Theme Day 11:00 Music Therapy 2:30 Norwegian Waffle Making 6:00 Simple Pleasures 7:00 Scandinavian Dancers</p>	<p>24 11:15 Active Game 1:30 Reminiscing 2:30 Japanese Dancers 4:45 Handwashing 6:00 Sing-a-long</p>	
<p>25 11:15 Guinea Pig Care 1:30 Bird Care 1st Flr 2:15 Social Tea 2:30- Croatian Arts & Crafts Ideas SorVest 3:00 Ball Toss 6:00 Nail Care</p>	<p>26 Chinese Theme Day 9:30 Active Games 10:30 Chine Fun Facts 11:30 Hand Hygiene 1:30 Music with Gordon 2:30 Chinese Dancers 4:15 Helping Hands</p>	<p>27 Indian Day 9:30 Ball Toss 10:30 Picture Games 11:30 Hand Hygiene 2:15 Indian Dancer & Henna Tattoo</p>	<p>28 11:15 Active Game 1:30 Helping Hands 2:15 Hot Chocolate Social 3:00 Music & Massage 4:45 Handwashing 6:00 Hymn Sing</p>	<p>29 11:15 Active Game 1:30 Friendly Visits 2:15 Afternoon Tea 3:00 Walkabout 4:45 Hand washing 6:00 Simple Pleasures</p>	<p>30</p>		






Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					<p>1 11:15 Active Games 1:30 Friendly Visits 2:00 Chinese Fellowship Sol 3:30 Mobile Library 6:00 Jackpot Bingo</p>	<p>2 10:00 Bell Choir 11:00 Crossword 2:15 Social Tea 2:45 Card Bingo 3:45 Arts & Crafts</p>	<p>3 10:00 Fun N Fitness 11:00 Guinea Pig Visit 2:15 Afternoon Social 2:45 Arts & Crafts 3:45 Helping Hands</p>
<p>4 Family Day 2:30 Afternoon Concert with Violinist Peter Fischer</p>	<p>5 11:15 Volleyball 1:00 Nail Care 2:00 Auxiliary Social with Peter W 4:15 Mobile Library 6:00 Friendly Visits</p>	<p>6 10:00 Fun N Fitness 11:15 Music Therapy 2:15 Afternoon Social 2:45 Bible Reading 3:45 Guinea Pig Care</p>	<p>7 10:00 Fun n Fitness 11:00 Family Feud 2:15 Afternoon Social 2:45 Crossword Puzzle 3:45 Helping Hands</p>	<p>8 11:15 Active Games 1:30 Friendly Visits 2:30 Birthday Party with Entertainer 4:30 Family Feud Challenge</p>	<p>9 10:00 Bell Choir 11:00 Crossword 2:30 Resident Door Decorating 3:45 Collage Making</p>	<p>10 10:00 Fun N Fitness 11:00 Guinea Pig Visit 2:15 Pub Social with Rob 3:45 Helping Hands</p>	
<p>11 10:30 Remembrance Day Ceremony 11:30 Buffet Lunch Auditorium</p>	<p>12 11:15 Volleyball 1:00 Nail Care 2:15 Creative Corner 4:15 Mobile Library 6:00 Friendly Visits</p>	<p>13 10:00 Fun N Fitness 11:15 Music Therapy 2:15 Afternoon Social 3:30 Resident & Family Council Meeting 3:45 Guinea Pig Care</p>	<p>14 10:00 Fun n Fitness 11:00 Family Feud 2:30 Catholic Mass (Vest) 4:00 Resident & Family Orientation (Audi) 3:45 Helping Hands</p>	<p>15 11:15 Active Games 1:30 Friendly Visits 2:15 Charade SorVest 3:30 Mobile Library 4:30 Pizza & Movie Night</p>	<p>16 10:00 Bell Choir 11:00 Crossword 2:15 Creative Corner 3:45 Coloring & Painting</p>	<p>17 10:00 Fun N Fitness 11:00 Guinea Pig Visit 2:15 Afternoon Social 2:45 Arts & Crafts 3:45 Helping Hands</p>	
<p>18 2:00 PM Lutheran Church Service</p>	<p>19 11:15 Volleyball 1:00 Nail Care 2:15 Hot Chocolate Social & Decoration Committee 4:15 Mobile Library 6:00 Friendly Visits</p>	<p>20 10:00 Fun N Fitness 11:15 Music Therapy 2:15 Afternoon Social 2:45 Bible Reading 3:45 Guinea Pig Care</p>	<p>21 10:00 Fun n Fitness 11:00 Family Feud 2:30 Celebration of Life 2:45 Crossword Puzzle 3:45 Helping Hands</p>	<p>22 11:15 Active Games 1:30 Friendly Visits 2:15 Auxiliary Social with Rob J (Solheim) 3:30 Mobile Library</p>	<p>23 Norwegian Theme Day 10:00 Bell Choir 11:15 Sushi Demonstration 2:30 Norwegian Waffle Making 3:45 Friendly Visits 7:00 Scandinavian Dancers</p>	<p>24 Japanese Theme Day 10:00 Fun N Fitness 11:00 Guinea Pig Visit 2:30 Japanese Dancers 3:45 Helping Hands</p>	
<p>25 11:00 Croatia Armchair Travel 2:30- Croatian Arts & Crafts Ideas</p>	<p>26 Chinese Theme Day 9:30 Volleyball 10:30 Chinese Fun Facts 11:30 Hand Hygiene 2:30 Chinese Dancers 4:30 Hand Hygiene</p>	<p>27 Indian Day 10:00 Fun N Fitness 11:15 Music Therapy 2:30 Indian Dancer (SorVest) Henna Tattoo 3:45 Guinea Pig Care</p>	<p>28 10:00 Fun n Fitness 11:00 Family Feud 2:15 Afternoon Social 2:45 Crossword Puzzle 3:45 Helping Hands</p>	<p>29 11:15 Active Games 1:30 Friendly Visits 2:15 Social Tea & Book Club 4:15 Helping hands</p>	<p>30 10:00 Bell Choir 11:00 Crossword 2:15 Social Tea 2:45 Card Bingo 3:45 Collage Making</p>		



November 2018

Solheim

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					<p>1 10:00 Fun n' Fitness 11:15 Music & Massage 2:00 <i>Chinese Fellowship</i> 4:00 Nail Care 6:00 <i>Jackpot Bingo</i></p>	<p>2 11:15 Ladder Ball 1:00 Pet Care 1:45 Spelling Bee 4:00 Helping Hands 6:00 Hymn Sing</p>	<p>3 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Ice Cream Social 3:30 Hand & Nail Care</p>
<p>4 <i>Family Day</i> 2:30 <i>Afternoon Concert with Violinist Peter Fischer</i></p>	<p>5 10:00 Fun N Fitness 11:15 Music & Massage 2:00 <i>Auxiliary Social with Peter W</i> 4:00 Card Games</p>	<p>6 10:30 <i>Music Therapy</i> 11:15 Volleyball 1:30 Friendly Visits 2:15 Afternoon Social 4:00 Helping Hands 6:00 Hymn Sing</p>	<p>7 10:00 Bowling 11:15 Music & Massage 2:15 Afternoon Social 3:00 Word Games 6:00 Cribbage Sorvest</p>	<p>8 10:00 Fun n' Fitness 11:15 Music & Massage 2:30 <i>Birthday Party with Entertainer</i> 4:00 Nail Care 4:30 <i>Family Feud Challenge</i></p>	<p>9 11:15 Ladder Ball 1:30 Pet Care 2:30 <i>Resident Door Decorating</i> 4:00 Helping Hands 6:00 Friendly Visits</p>	<p>10 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 <i>Pub Social with Rob</i> 4:00 Helping Hands</p>	
<p>11 10:30 <i>Remembrance Day Ceremony</i> 11:30 <i>Buffet Lunch Auditorium</i></p>	<p>12 10:00 Fun N Fitness 11:15 Music & Massage 2:15 Afternoon Social 3:00 Friendly Visits 4:00 Card Games</p>	<p>13 10:30 <i>Music Therapy</i> 11:15 Volleyball 1:30 Friendly Visits 2:15 Afternoon Social 3:30 <i>Resident & Family Council Meeting</i> 6:00 Hymn Sing</p>	<p>14 10:00 Bowling 11:15 Music & Massage 2:30 <i>Catholic Mass</i> 4:00 <i>Resident & Family Orientation</i> 6:00 Cribbage Sorvest</p>	<p>15 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Tea Social 2:45 Bingo 4:00 Nail Care 4:30 <i>Pizza & Movie Night</i></p>	<p>16 11:15 Ladder Ball 1:30 Pet Care 2:45 Spelling Bee 4:00 Helping Hands 6:00 Hymn Sing</p>	<p>17 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 <i>Painting Party</i> 4:00 Helping Hands</p>	
<p>18 :00 PM <i>Lutheran Church Service</i></p>	<p>19 10:00 Fun N Fitness 11:15 Music & Massage 2:15 <i>Hot Chocolate Social & Decoration Committee</i> 4:00 Card Games</p>	<p>20 10:30 <i>Music Therapy</i> 11:15 Volleyball 1:30 Friendly Visits 2:15 <i>Hot Chocolate Social & Decoration Committee</i> 6:00 Hymn Sing</p>	<p>21 10:00 Bowling 11:15 Music & Massage 2:30 <i>Celebration of Life</i> 6:00 Cribbage Sorvest</p>	<p>22 <i>Miracle Ear Clinic</i> 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 <i>Auxiliary Social with Rob J (Solheim)</i> 4:00 Nail Care</p>	<p>23 <i>Norwegian Theme Day</i> 1:00 Pet Care 2:30 <i>Norwegian Waffle Making</i> 4:00 Helping Hands 7:00 <i>Scandinavian Dancers</i></p>	<p>24 <i>Japanese Theme Day</i> 10:00 Fun n' Fitness 11:15 Music & Massage 2:30 <i>Japanese Dancers</i> 4:00 Helping Hands</p>	
<p>25 11:00 <i>Croatia Armchair Travel</i> 2:30- <i>Croatian Arts & Crafts Ideas</i></p>	<p>26 <i>Chinese Theme Day</i> 9:30 Fun N Fitness 10:30 Brain Game 11:30 Hand Hygiene 2:30 <i>Chinese Dancers</i> 4:00 <i>Chinese Fun Facts</i></p>	<p>27 <i>Indian Day</i> 9:30 Volleyball 10:30 <i>Music Therapy</i> 11:30 Hand Hygiene 2:15 <i>Indian Dancer & Henna Tatto</i></p>	<p>28 10:00 Bowling 11:15 Music & Massage 2:15 <i>Decoration Committee</i> 6:00 Cribbage Sorvest</p>	<p>29 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Tea Social 2:45 Bingo 4:00 Nail Care</p>	<p>30 11:15 Ladder Ball 1:30 Pet Care 2:45 Spelling Bee 4:00 Helping Hands 6:00 Hymn Sing</p>		



November 2018

SorVest

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					<p>1 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:00 <i>Chinese Fellowship Sol</i> 2:15 Creative Corner 3:15 Book Club 6:00 <i>Jackpot Bingo</i></p>	<p>2 10:00 <i>Bell Choir</i> 11:15 Crossword Puzzle 2:15 Bowling 3:45 Friendly Visits</p>	<p>3 11:15 Ladder Ball 1:00 Hand & Nail Care 1:45 5 Card Bingo 4:15 Friendly Visits 6:00 Scrabble</p>
<p>4 <i>Family Day</i> 2:30 <i>Afternoon Concert with Violinist Peter Fischer</i></p>	<p>5 9:45 Modified Osteofit 11:00 Guinea Pig Visits & Trivia 2:00 <i>Auxiliary Social with Peter W</i> 4:15 Friendly Visits</p>	<p>6 10:00 Active Games 11:00 Let's Make the Word 11:50 Hand Hygiene 2:15 Creative Corner 3:15 Book Club</p>	<p>7 11:15 Volleyball 1:00 Ipad Games 2:00 Creative Corner 4:15 Friendly Visits 6:00 Cribbage</p>	<p>8 <i>Massage Therapy</i> 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:30 <i>Birthday Party with Entertainer</i> 4:30 <i>Family Feud Challenge</i></p>	<p>9 10:00 <i>Bell Choir</i> 11:15 Crossword Puzzle 2:30 <i>Resident Door Decorating</i> 3:45 Friendly Visits</p>	<p>10 11:15 Ladder Ball 1:00 Hand & Nail Care 2:15 <i>Pub Social with Rob</i> 4:15 Friendly Visits 6:00 Scrabble</p>	
<p>11 10:30 <i>Remembrance Day Ceremony</i> 11:30 <i>Buffet Lunch Auditorium</i></p>	<p>12 9:45 Modified Osteofit 11:00 Guinea Pig Visits & Story Telling 2:15 Creative Corner 4:15 Friendly Visits</p>	<p>13 9:45 Flex & Stretch 11:00 The Hang Man 2:15 Category Flip Game 3:30 <i>Resident & Family Council Meeting</i> 4:00 Music & Hand Massage</p>	<p>14 11:15 Volleyball 1:00 Ipad Games 2:30 <i>Catholic Mass</i> 4:15 <i>Family Orientation</i> 6:00 Cribbage</p>	<p>15 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:15 Charade 4:30 <i>Pizza & Movie Night</i></p>	<p>16 10:00 <i>Bell Choir</i> 11:15 Crossword Puzzle 2:15 Bowling 3:45 Friendly Visits</p>	<p>17 11:15 Ladder Ball 1:00 Hand & Nail Care 2:15 <i>Painting Party</i> 6:00 Scrabble</p>	
<p>18 2:00 PM <i>Lutheran Church Service</i></p>	<p>19 9:45 Modified Osteofit 11:00 Guinea Pig Visits & News & Views 2:15 <i>Hot Chocolate Social & Decoration Committee</i> 4:15 Friendly Visits</p>	<p>20 9:45 Flex & Stretch 11:00 Find the Word 2:15 <i>Decoration Committee</i> 2:15 <i>Lost and Found</i> 4:00 Foot Massage</p>	<p>21 11:15 Volleyball 11:50 Hand Hygiene 2:30 <i>Celebration of Life</i> 4:15 Friendly Visits 6:00 Cribbage</p>	<p>22 <i>Massage Therapy</i> 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:00 <i>Auxiliary Social with Rob J Solheim</i> 2:30 Bingo</p>	<p>23 <i>Norwegian Theme Day</i> 10:00 <i>Bell Choir</i> 2:30 <i>Norwegian Waffle Making</i> 3:45 Friendly Visits 7:00 <i>Scandinavian Dancers</i></p>	<p>24 <i>Japanese Theme Day</i> 11:15 Ladder Ball 1:00 Hand & Nail Care 2:30 <i>Japanese Dancers</i> 4:15 Friendly Visits 6:00 Scrabble</p>	
<p>25 11:00 <i>Croatia Armchair Travel</i> 2:30- <i>Croatian Arts & Crafts Ideas</i></p>	<p>26 <i>Chinese Theme Day</i> 9:30 Modified Osteofit 10:30 Crossword Puzzle 11:30 Hand Hygiene 2:30 <i>Chinese Dancers</i> 4:40 Hand Hygiene</p>	<p>27 <i>Indian Day</i> 9:30 Active Games 10:30 The Hang Man 11:50 Hand Hygiene 2:30 <i>Indian Dancer & Henna Tattoo</i> 4:00 Music & Hand Massage</p>	<p>28 11:15 Volleyball 11:50 Hand Hygiene 1:00 Ipad Games 4:15 Friendly Visits 6:00 Cribbage</p>	<p>29 9:45 Fun N Fitness 11:00 Guinea Pig Visits & Trivia 2:15 Social Tea 3:00 Word Games</p>	<p>10:00 <i>Bell Choir</i> 11:15 Crossword Puzzle 2:15 Bowling 3:45 Friendly Visits</p>	